

Keira Legge is 12 years old, in the 7th grade. She has published three stories in *LITTLE THOUGHTS PRESS* magazine — *Christmas Countdown*, *The Leaf and Perfect Pumpkin* with another story called *School Dance* in the summer issue.. She also published the story *The Life of a Softball* in the first issue of the LIT KIDS MAGAZINE. Keira also helped her mother in writing the picture book *THE COMFY SPOT*. The story is based off of Keira, so she helped read through it, add and edit the manuscript.

Human Growth
by Keira Legge

As I snuggle with my mom, I stare at her face. The wrinkles and scars are practically growing as I watch. I take a second and look at myself in the mirror. As we get older, we may stop growing taller, but our bodies grow in different ways.

When we are young, we obviously don't know much other than to eat, breathe, drink, and blink. But as the years go on, we grow. Growing is a normal phenomenon that every single human goes through. From crawling to walking, from school to work, everybody will face growth and change throughout their lifetime.

Why should anyone feel upset about growth?

Many people do not realize how beautiful human growth is. Most humans take aging as a bad thing. Why can't we cherish something that is amazing?

Why should anyone feel upset about growth?

Many kids nowadays are worried they are too short, too tall, too thin, or too heavy. We all grow uniquely and should celebrate that.

Why should anyone feel upset about growth?

I look at my 45-year-old mom, whose wrinkles and scars on her face are normal. I actually think they make her more beautiful. Growth is not only a strawberry growing on a bush, or a flower flourishing from the ground, but it is the change of the mind and body of a human being.